

# **Holy Communion for Ordinary Time**



**The Benefice of Ilminster  
and Whitelackington**

## ***THE GATHERING***

In the name of the Father, and of the Son,  
and of the Holy Spirit.

**Amen.**

### **The Greeting**

The Lord be with you  
**and also with you.**

*(or)*

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ  
be with you  
**and also with you.**

### **Prayer of Preparation**

*This prayer may be said*

**Almighty God,  
to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord.  
Amen.**

## **Prayers of Penitence**

*This summary of the Law may be used*

Our Lord Jesus Christ said:

The first commandment is this:

'Hear, O Israel, the Lord our God is the only Lord.  
You shall love the Lord your God with all your heart,  
with all your soul, with all your mind,  
and with all your strength.'

The second is this: 'Love your neighbour as yourself.'

There is no other commandment greater than these.

On these two commandments hang all the law and the prophets.

**Amen. Lord, have mercy.**

*A minister uses a seasonal invitation to confession  
or these or other suitable words*

God so loved the world  
that he gave his only Son Jesus Christ  
to save us from our sins,  
to be our advocate in heaven,  
and to bring us to eternal life.

Let us confess our sins in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love and peace with all.

**Almighty God, our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry  
and repent of all our sins.**

**For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name.  
Amen.**

*(or)*

**Most merciful God,  
Father of our Lord Jesus Christ,  
we confess that we have sinned  
in thought, word and deed.  
We have not loved you with our whole heart.  
We have not loved our neighbours as ourselves.  
In your mercy  
forgive what we have been,  
help us to amend what we are,  
and direct what we shall be;  
that we may do justly,  
love mercy,  
and walk humbly with you, our God.  
Amen.**

*Or, with suitable penitential sentences,  
the Kyrie eleison may be used*

Lord, have mercy.  
**Lord, have mercy.**

Christ, have mercy.  
**Christ, have mercy.**

Lord, have mercy.  
**Lord, have mercy.**

## **Absolution**

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.

**Amen.**

## **Gloria in Excelsis**

**Glory to God in the highest,  
and peace to his people on earth.**

**Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

## **The Collect**

*The president introduces a period of silent prayer with the words 'Let us pray' or a more specific bidding.*

*The Collect is said, and all respond*  
**Amen.**

## ***THE LITURGY OF THE WORD*** **Readings**

*At the end of the first reading;*  
This is the word of the Lord.  
**Thanks be to God.**

## **Gospel Reading**

*An acclamation may herald the Gospel reading.*  
*When the Gospel is announced the reader says*  
Hear the Gospel of our Lord Jesus Christ  
according to N.  
**Glory to you, O Lord.**

*At the end;*  
This is the Gospel of the Lord.  
**Praise to you, O Christ.**

## **Sermon**

## **Creed**

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is,  
seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father;  
through him all things were made.**

**For us and for our salvation he came down from heaven,  
was incarnate from the Holy Spirit and the Virgin Mary  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is worshipped and glorified,  
who has spoken through the prophets.**

**We believe in one holy catholic and apostolic Church.**

**We acknowledge one baptism for the forgiveness of sins.**

**We look for the resurrection of the dead,  
and the life of the world to come.**

**Amen.**

*(Or we say)*

Let us declare our faith in God.

**We believe in God the Father,  
from whom every family  
in heaven and on earth is named.**

**We believe in God the Son,  
who lives in our hearts through faith,  
and fills us with his love.**

**We believe in God the Holy Spirit,  
who strengthens us  
with power from on high.**

**We believe in one God;  
Father, Son and Holy Spirit.  
Amen.**

*(Or we sing)*

**We believe in God the Father,  
God almighty, by whose plan  
earth and heaven sprang to being,  
all created things began.**

**We believe in Christ the Saviour,  
Son of God in human frame,  
virgin-born, the child of Mary  
upon whom the Spirit came.**

**Christ, who on the cross forsaken,  
like a lamb to slaughter led,  
suffered under Pontius Pilate,  
he descended to the dead.**

**We believe in Jesus risen,  
heaven's king to rule and reign,  
to the Father's side ascended  
till as judge he comes again.**

**We believe in God the Spirit;  
in one Church, below, above:  
saints of God in one communion,  
one in holiness and love.  
So by faith, our sins forgiven,  
Christ our Saviour, Lord and friend,  
we shall rise with him in glory  
to the life that knows no end.**

### **Prayers of Intercession**

*These responses may be used*

*Lord, in your mercy*  
**hear our prayer.**

*(or)*

Lord, hear us.  
**Lord, graciously hear us.**

*And at the end*

Merciful Father,  
**accept these prayers  
for the sake of your Son,  
our Saviour Jesus Christ.  
Amen.**

### ***THE LITURGY OF THE SACRAMENT***

#### **The Peace**

*The president may introduce the Peace with a suitable sentence,  
and then says*

The peace of the Lord be always with you  
**and also with you.**

*These words may be added*

Let us offer one another a sign of peace.

*All may exchange a sign of peace.*

### **Preparation of the Table**

*One of these prayers or another is said*

Yours, Lord, is the greatness, the power,  
the glory, the splendour, and the majesty;  
for everything in heaven and on earth is yours.

**All things come from you,  
and of your own do we give you.**

*(or)*

Blessed be God,  
who feeds the hungry,  
who raises the poor,  
who fills our praise.

**Blessed be God for ever.**

*(or)*

With this bread that we bring  
**we shall remember Jesus.**

With this wine that we bring  
**we shall remember Jesus.**

Bread for his body,  
wine for his blood,  
gifts from God to his table we bring.

**We shall remember Jesus.**

## **Eucharistic Prayer B**

*If an Extended Preface is used, it replaces all words between the opening dialogue and the Sanctus.*

The Lord be with you  
**and also with you.**

*(or)*

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give thanks and praise.**

Father, we give you thanks and praise  
through your beloved Son Jesus Christ, your living Word,  
through whom you have created all things;  
who was sent by you in your great goodness to be our Saviour.  
By the power of the Holy Spirit he took flesh;  
as your Son, born of the blessed Virgin,  
he lived on earth and went about among us;  
he opened wide his arms for us on the cross;  
he put an end to death by dying for us;  
and revealed the resurrection by rising to new life;  
so he fulfilled your will and won for you a holy people.

*Short Proper Preface, when appropriate*

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and *saying*:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes  
in the name of the Lord.  
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;  
who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

*One of these four acclamations may be used*

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

*(or)*

Praise to you, Lord Jesus:  
**Dying you destroyed our death,  
rising you restored our life:  
Lord Jesus, come in glory.**

*(or)*

Christ is the bread of life:  
**When we eat this bread and drink this cup,  
we proclaim your death, Lord Jesus,  
until you come in glory.**

*(or)*

Jesus Christ is Lord:  
**Lord, by your cross and resurrection  
you have set us free.  
You are the Saviour of the world.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of [*N and*] all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;  
by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever. **Amen.**

The service continues with the Lord's Prayer on p.20.

## **Eucharistic Prayer G**

The Lord be with you  
**and also with you.**

*(or)*

The Lord is here.  
**His Spirit is with us.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

Blessed are you, Lord God,  
our light and our salvation;  
to you be glory and praise for ever.

From the beginning you have created all things  
and all your works echo the silent music of your praise.  
In the fullness of time you made us in your image,  
the crown of all creation.

You give us breath and speech, that with angels and archangels  
and all the powers of heaven  
we may find a voice to sing your praise:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

How wonderful the work of your hands, O Lord.  
As a mother tenderly gathers her children,

you embraced a people as your own.  
When they turned away and rebelled  
your love remained steadfast.

From them you raised up Jesus our Saviour, born of Mary,  
to be the living bread,  
in whom all our hungers are satisfied.

He offered his life for sinners,  
and with a love stronger than death  
he opened wide his arms on the cross.

On the night before he died,  
he came to supper with his friends  
and, taking bread, he gave you thanks.  
He broke it and gave it to them, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

At the end of supper, taking the cup of wine,  
he gave you thanks, and said:  
Drink this, all of you; this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it, in remembrance of me.

*One of these four acclamations may be used*

Great is the mystery of faith:

**Christ has died:**

**Christ is risen:**

**Christ will come again.**

*(or)*

Praise to you, Lord Jesus:

**Dying you destroyed our death,  
rising you restored our life:**

**Lord Jesus, come in glory.**

*(or)*

Christ is the bread of life:

**When we eat this bread and drink this cup,  
we proclaim your death, Lord Jesus,  
until you come in glory.**

*(or)*

Jesus Christ is Lord:

**Lord, by your cross and resurrection  
you have set us free.  
You are the Saviour of the world.**

Father, we plead with confidence  
his sacrifice made once for all upon the cross;  
we remember his dying and rising in glory,  
and we rejoice that he intercedes for us at your right hand.

Pour out your Holy Spirit as we bring before you  
these gifts of your creation;  
may they be for us the body and blood of your dear Son.

As we eat and drink these holy things in your presence,  
form us in the likeness of Christ,  
and build us into a living temple to your glory.

Bring us at the last with [*N and*] all the saints  
to the vision of that eternal splendour  
for which you have created us;  
through Jesus Christ, our Lord,  
by whom, with whom, and in whom,  
with all who stand before you in earth and heaven,  
we worship you, Father almighty, in songs of everlasting praise:

**Blessing and honour and glory and power  
be yours for ever and ever.  
Amen.**

The service continues with the Lord's Prayer on p.20.

## **Eucharistic Prayer H**

The Lord be with you  
**and also with you.**

*(or)*

The Lord is here.  
**His Spirit is with us.**

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

It is right to praise you, Father, Lord of all creation;  
in your love you made us for yourself.

When we turned away  
you did not reject us,  
but came to meet us in your Son.  
**You embraced us as your children  
and welcomed us to sit and eat with you.**

In Christ you shared our life  
that we might live in him and he in us.  
**He opened his arms of love upon the cross  
and made for all the perfect sacrifice for sin.**

On the night he was betrayed,  
at supper with his friends  
he took bread, and gave you thanks;  
he broke it and gave it to them, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.  
**Father, we do this in remembrance of him:**

**his body is the bread of life.**

At the end of supper, taking the cup of wine,  
he gave you thanks, and said:

Drink this, all of you; this is my blood of the new covenant,  
which is shed for you for the forgiveness of sins;  
do this in remembrance of me.

**Father, we do this in remembrance of him:  
his blood is shed for all.**

As we proclaim his death and celebrate his rising in glory,  
send your Holy Spirit that this bread and this wine  
may be to us the body and blood of your dear Son.

**As we eat and drink these holy gifts  
make us one in Christ, our risen Lord.**

With your whole Church throughout the world  
we offer you this sacrifice of praise  
and lift our voice to join the eternal song of heaven:

**Holy, holy, holy Lord,  
God of power and might,  
Heaven and earth are full of your glory.  
Hosanna in the highest.**

The service continues with the Lord's Prayer on p.20.

## **Prayer 2**

The Lord be with you  
**and also with you.**

*(or)*

The Lord is here.

**His Spirit is with us.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give thanks and praise.**

*[Question Why is it right to give thanks and praise?*

*Answer Listen, and we will hear.]*

Lord of all life,  
you created the universe,  
where all living things reflect your glory.  
You give us this great and beautiful earth,  
to discover and to cherish.

You give us your love,  
even when things go wrong.  
Jesus knew hurt and pain.  
Through him you wipe away our tears,  
and fill us with your peace.

You made us all,  
each wonderfully different,  
to join with the angels  
and sing your praise:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

We thank you, loving Father,  
because, when we turned away,  
you sent Jesus, your Son.  
He gave his life for us on the cross  
and shows us the way to live.

Send your Holy Spirit  
that these gifts of bread and wine  
may be for us Christ's body and his blood.

*[Question Why do we share this bread and wine?*

*Answer Listen, and we will hear.]*

On the night before he died,  
when darkness had fallen,  
Jesus took bread.

He gave thanks, broke it,  
and shared it with his disciples, saying:  
'This is my body, given for you.  
Do this to remember me.'

After they had eaten, he took the cup of wine,  
gave thanks, and shared it with his disciples, saying:  
'This is my blood, poured out for you and for many,  
for the forgiveness of sins.'

So Father, with this bread and this cup  
we celebrate his love, his death, his risen life.  
As you feed us with these gifts,  
send your Holy Spirit,  
and change us more and more  
to be like Jesus our Saviour.

*[Question How do we follow Jesus Christ?*

*Answer Listen, and we will hear.]*

Help us, Father, to love one another,  
as we look forward to that day  
when suffering is ended,  
and all creation is gathered in your loving arms.

And now with [N and] all your saints  
we give you glory,  
through Jesus Christ,  
in the strength of the Spirit,  
today and for ever.

**Amen.**

The service continues with the Lord's Prayer on p.20.

## The Lord's Prayer

As our Saviour taught us, so we pray

**Our Father in heaven,  
hallowed be your name,  
your kingdom come,  
your will be done,  
on earth as in heaven.  
Give us today our daily bread.  
Forgive us our sins  
as we forgive those who sin against us.  
Lead us not into temptation  
but deliver us from evil.  
For the kingdom, the power,  
and the glory are yours  
now and for ever.  
Amen.**

*(or)*

Let us pray with confidence as our Saviour has taught us

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come; thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

## **Breaking of the Bread**

*The president breaks the consecrated bread.*

We break this bread  
to share in the body of Christ.

**Though we are many, we are one body,  
because we all share in one bread.**

*(or)*

Every time we eat this bread  
and drink this cup,  
**we proclaim the Lord's death  
until he comes.**

*The Agnus Dei may be used as the bread is broken*

**Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
grant us peace.**

*(or)*

**Jesus, Lamb of God,  
have mercy on us.**

**Jesus, bearer of our sins,  
have mercy on us.**

**Jesus, redeemer of the world,  
grant us peace.**

## **Giving of Communion**

*The president says one of these invitations to communion*

Draw near with faith.

Receive the body of our Lord Jesus Christ  
which he gave for you,  
and his blood which he shed for you.

Eat and drink

in remembrance that he died for you,  
and feed on him in your hearts  
by faith with thanksgiving.

*(or)*

Jesus is the Lamb of God  
who takes away the sin of the world.  
Blessed are those who are called to his supper.

**Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*(or)*

God's holy gifts  
for God's holy people.

**Jesus Christ is holy,  
Jesus Christ is Lord,  
to the glory of God the Father.**

*One of these prayers may be said before the distribution*

**We do not presume  
to come to this your table, merciful Lord,  
trusting in our own righteousness,  
but in your manifold and great mercies.  
We are not worthy  
so much as to gather up the crumbs under your table.**

**But you are the same Lord  
whose nature is always to have mercy.  
Grant us therefore, gracious Lord,  
so to eat the flesh of your dear Son Jesus Christ  
and to drink his blood,  
that our sinful bodies may be made clean by his body  
and our souls washed through his most precious blood,  
and that we may evermore dwell in him, and he in us.  
Amen.**

*(or)*

**Most merciful Lord,  
your love compels us to come in.  
Our hands were unclean,  
our hearts were unprepared;  
we were not fit  
even to eat the crumbs from under your table.  
But you, Lord, are the God of our salvation,  
and share your bread with sinners.  
So cleanse and feed us  
with the precious body and blood of your Son,  
that he may live in us and we in him;  
and that we, with the whole company of Christ,  
may sit and eat in your kingdom.  
Amen.**

*The president and people receive communion.*

### **Prayer after Communion**

*Silence is kept.*

*The Post Communion or another suitable prayer is said.*

*All may say one of these prayers*

**Almighty God,  
we thank you for feeding us  
with the body and blood of your Son Jesus Christ.  
Through him we offer you our souls and bodies  
to be a living sacrifice.  
Send us out  
in the power of your Spirit  
to live and work  
to your praise and glory.  
Amen.**

*(or)*

**Father of all,  
we give you thanks and praise,  
that when we were still far off  
you met us in your Son and brought us home.  
Dying and living, he declared your love,  
gave us grace, and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.  
Keep us firm in the hope you have set before us,  
so we and all your children shall be free,  
and the whole earth live to praise your name;  
through Christ our Lord.  
Amen.**

## **THE DISMISSAL**

*The president may use a seasonal blessing,  
or another suitable blessing*

*(or)*

The peace of God,  
which passes all understanding,  
keep your hearts and minds  
in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

**Amen.**

*A minister says*

Go in peace to love and serve the Lord.

**In the name of Christ. Amen.**

*(or)*

Go in the peace of Christ.

**Thanks be to God.**